

Ubah Medical Academy

March 2019

HOT LUNCH

Prices: Student - No Charge, Adults - \$5.00

SERVED DAILY

Regular Entrée
 Fresh Green Salad - Garden, Caesar, Spinach Mix, Oriental, OR Mediterranean
 Low Fat Dressing/Dip
 Fresh Veggies - Carrots, Broccoli, Cucumber, OR Celery
 Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
				1st
				Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk
4th	5th	6th	7th	8th
Chicken Strips Mashed Potatoes & Roll Salad, Fruit, Milk	Beef Lasagna Garlic Breadstick Salad, Veggies, Fruit, Milk	Chicken Shawarma Steamed Rice Salad, Veggies, Fruit Milk	Beef Patty on Bun Baked Beans Salad, Veggies, Fruit Milk	Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk
11th	12th	13th	14th	15th
Chicken Patty Sandwich Potato Wedges Salad, Fruit, Milk	Spaghetti w/ Meatballs Garlic Breadstick Salad, Veggies, Fruit, Milk	Seasoned Chicken Leg Yellow Rice Salad, Veggies, Fruit, Milk	Beef Gyro w/ Pita Cucumber Sauce & Hummus Salad, Veggies, Fruit, Milk	Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk
18th	19th	20th	21st	22nd
Soft Shell Chicken Taco Baked Beans Salad, Veggies, Fruit, Milk	Cheese Lasagna Soft Breadstick Salad, Veggies, Fruit, Milk	Tandoori Chicken Steamed Rice Salad, Veggies, Fruit, Milk	Pizza Salad, Veggies, Fruit, Milk	No School
25th	26th	27th	28th	29th
No School	No School	No School	No School	No School

BREAKFAST

Prices: Student - No Charge, Adults - \$2.00

SERVED DAILY

Fresh Fruit - Apple, Orange, OR Banana
 Fruit Juice - Apple, Grape OR Orange
 Variety of Milk, including Skim

French Toast w/ Syrup Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Pancake w/ Syrup Fruit, Juice, Milk	Assorted Muffins Fruit Yogurt Fruit, Juice, Milk	Waffle w/ Syrup Fruit, Juice, Milk
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**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain
 peanuts, other nuts/seeds, milk, egg, soybean,
 and other products.

This institution is an equal opportunity provider.

Our Commitment

“Healthy Food, Healthy Message”

We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office @ 952-540-2945 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com